

# Troutstream Hall

## 4 week menu

<b>Week 1</b>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	A selection of cereals, porridge, toast & jam/marmalade						
Luncheon	Chicken a La King Followed by Bread & Butter Pudding	Minted lamb Stew Followed by Rice Pudding	Roast Chicken Followed by A Selection of fresh fruit	Steak & kidney Pie Followed by Raspberry Cheese cake	Battered Plaice Followed by Apple & Blackberry Pie	Cottage Pie Followed by Eves Pudding	Roast Lamb Followed by Mandarins & Cream
Supper	Scrambled egg on Toast Followed by Vegetable soup	Assorted Sandwiches Followed by Fruit yogurts	Jacket Potatoes/fillings Followed by Minestrone soup	Assorted Sandwiches Followed by Apple & cheese	Bacon & Tomatoes Followed by Fruit jelly	Ham & Cheese Salad Followed by Tomato Soup	Assorted Sandwiches Followed by Mousse
Alternative dishes will be available to cater for personal preferences or food allergies							

Drinks, Cake and Biscuits are served mid morning and mid afternoon.

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## 4 week menu

<b>Week 2</b>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	A selection of cereals, porridge, toast & jam/marmalade						
Luncheon	Chilli con Carne  Followed by Bakewell Tart	Smokey Fish Pie  Followed by Rhubarb Crumble	Roast Beef  Followed by Pancakes with syrup and ice cream	Curried Chicken  Followed by Ice cream selection	Poached Salmon  Followed by Syrup Sponge	Chicken & Mushroom Pie  Followed by Jam Tart	Roast Pork  Followed by Selection of fresh fruit
Supper	Fresh quiche / Jacket wedges  Followed by French onion soup	Assorted Sandwiches  Followed by Cheese & Biscuits	Egg & Chips  Followed by Mushroom soup	Assorted Sandwiches  Followed by Mixed Fruit	Beans / Cheese on Toast  Followed by Tomato Soup	Sausage Rolls / Beans  Followed by Mandarins / Ice Cream	Assorted Sandwiches  Followed by Ground Rice
	Alternative dishes will be available to cater for personal preferences or food allergies						

Drinks, Cake and Biscuits are served mid morning and mid afternoon.

# Troutstream Hall

## 4 week menu

<b>Week 3</b>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	A selection of cereals, porridge, toast & jam/marmalade						
Luncheon	Spaghetti Bolognese Followed By Jam & Coconut Sponge	Mixed Grill Followed By Fantasy Island	Roast Turkey Followed By Chocolate Sponge	Pork & Cider Casserole Followed By Spotted Dick	Battered Cod Followed By Ice Cream/Fruit	Chicken Casserole Followed By Lemon Meringue Pie	Roast Lamb Followed By Selection Of Fresh Fruit
Supper	Prawn / Egg Salad Followed By Chicken Soup	Assorted Sandwiches Followed By Bananas & Custard	Scrambled Egg + Bacon Followed By Ox- Tail Soup	Assorted Sandwiches Followed By Mousse	Sausage & Tomatoes Followed By Mushroom Soup	Cheese & Biscuits Followed By Fruit & Jelly	Assorted Sandwiches Followed By Cake
Alternative dishes will be available to cater for personal preferences or food allergies							

Drinks, Cake and Biscuits are served mid morning and mid afternoon.

# Troutstream Hall

## 4 week menu

<b>Week 4</b>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	A selection of cereals, porridge, toast & jam/marmalade						
Luncheon	Beef Stew & Dumplings Followed By Jam Tart	Minted Shepherds Pie Followed By Raspberry & Peach Crumble	Roast Beef Followed By Selection Of Ice Cream	Assorted Salad Followed By Apple Pie & Ice Cream	Baked Salmon Followed By Syrup Sponge	Chicken Kiev Followed By Pineapple Upside Down Pud	Roast Pork Followed By Trifle
Supper	Jacket Potatoes/Fillings Followed By Tomato Soup	Assorted Sandwiches Followed By Yoghurts	Ham Egg & Chips Followed By Cauliflower Soup	Assorted Sandwiches Followed By Angel Delight	Macaroni Cheese Followed By Chicken Soup	Beans/Cheese On Toast Followed By Fruit Yoghurts	Assorted Sandwiches Followed By Ice Cream & Fruit
Alternative dishes will be available to cater for personal preferences or food allergies							

Drinks, Cake and Biscuits are served mid morning and mid afternoon.